

# Watering Tips

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Being sure your plants have ample water is one of the cardinal rules of gardening. But watering a garden can create some unique challenges for those with disabilities. Hoses are heavy to carry; and once in place, often seem to get in the way. They are often difficult to roll up after use and, when left out, create a tripping hazard. Hoses often require considerable hand strength to use effectively. Despite this, there are some easy modifications that can be done to make watering your plants easier and safer and allow you to more fully enjoy your garden.

For additional information contact your local Outreach and Extension Service or the University of Missouri-Columbia, 1.800.995.8503.

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